

Activity Instructions

Activity Name: The Squirrel Dance

Study: Balls

Objective for Learning: 7a,8b,11a



The following supplies are needed for this activity:

A ball
Music

Instructions:

We are going to pretend that we are squirrels, and the ball is an acorn.

- Stretch your arms forward and to your side. Stretch and try to reach your feet.
- Get a ball or something that resembles a ball.
- Play music and jump up and down with your ball.
- Climb like a squirrel going up a tree.
- Run in place and then jump forward like a squirrel.
- Pretend you are swimming through the water like a squirrel.
- Twirl around.

Repeat these activities. Ask your child what else a squirrel might do and act those out.

To expand on your learning go on a nature walk and see if you can find a squirrel to watch.
