



STEPS Head Start

Moving Lives Forward

December 2024 Menu

Head Start (Ages 3-5 years old)

Appomattox, Buckingham, and Nottoway

Monday – 2	Tuesday – 3	Wednesday – 4	Thursday – 5	Friday – 6
½ cup pineapple, ¼ cup Goldfish crackers, 4 oz. water	½ string cheese, 5 Ritz crackers, 4 oz. water	½ cup pears, ¼ cup Cheez-Its, 4oz water	¼ cup pretzels, ½ cup applesauce, 4 oz. water	4oz apple Juice, ¼ cup graham crackers
Monday - 9	Tuesday – 10	Wednesday – 11	Thursday – 12	Friday – 13
4 oz Grape Juice, ¼ cup Animal crackers	2 Cheese Cubes, 5 Ritz Crackers, 4oz water	¼ cup graham crackers, ½ Cup applesauce, 4oz water	½ cup Tropical Fruit, ¼ cup Goldfish, 4 oz. water	½ cup Mandarin oranges, 5 wheat thins, 4 oz. water
Monday – 16	Tuesday – 17	Wednesday – 18	Thursday – 19	Friday – 20
5 Ritz Crackers, 2 cheese cubes, 4 oz. water	¼ cup animal crackers, 4 oz. apple Juice	¼ cup Cheez-Its, ½ cup mandarin oranges, 4 oz. water	½ Day Appomattox and Buckingham 4 club crackers, ½ cup tropical fruit, 4 oz. water	½ Day Appomattox and Buckingham 2 cheese cubes, 5 wheat thins 4 oz. water
Monday – 23	Tuesday – 24	Wednesday – 25	Thursday – 26	Friday - 27

Have a Safe and Happy Winter Break! See you in the New Year!



Menus are subject to change without notice. The milk served is unflavored 1% milk. Bread, tortillas, waffle, French toast sticks, cereal, some crackers, and rolls are whole grain rich. Appropriate substitutions will be made for children with documented allergies. This institution is an equal opportunity provider that participates in the USDA Child Adult Care Food Program.