Name: _____

# Retelling "Shubert is a S.T.A.R."

1. In the space below, retell "Shubert is a S.T.A.R." in your own words.
2. Describe three different ways you will help calm yourself down when you feel angry.
3. Teach a peer one way you calm down and describe what a Safe Place looks like at your home.


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