

## Activity Instructions

Activity Name: The Floor is Lava

Study: The First 6 Weeks

Objective for Learning: Obj.4, 5 & 14



The following supplies are needed for this activity:

Cardboard  
Paper  
Markers/Crayons

### Instructions:

One of the key physical skills your child will need to develop is balancing. This is a fun way to practice balancing and traveling skills.

1. Show your child the video
2. Have them make steppingstones using cardboard, or paper. If time allows, let them decorate the stones (it can be as simple as coloring them).
3. Ask them what type of terrain they want to get across safely. Encourage them to think about things they might not want to step into (a pool full of Jell-O, a river of sharks, a field full of prickly bushes, a lake covered in ice – have fun with it!)
4. Help them to layout the course for their steppingstones. If the weather permits this is a great outdoor activity.
5. Encourage them to put things closer together or farther apart to test their skills with big steps and little steps. Could they hop from one stone to another?
6. Ask questions about what would happen if they fell off the stone? How could they make it harder or easier to cross the terrain and if so how? Placing the stones closer together or making the stones bigger?

If you do not have time to craft steppingstones think about what you have around your house that could be used, maybe washcloths and hand towels (just be careful if you are on a wood floor or other slipper surface)

Focus on descriptive language and observe your child's progress and challenges. "That was a big step." "That stone was really close to your last one."

Follow up by sending your child's teacher an observation you made. Example: "He had a hard time thinking of something to cross over but did well stepping from one stone to another when they were close together."