



STEPS Head Start
Moving Lives Forward

Head Start Health Requirements

The following health requirements must be met to provide a safe and healthy environment for all children, staff, and volunteers in our program. Keep your Site Administrator/ Family Development Specialist (FDS) informed of healthcare providers & appointment dates. Your Site Administrator/FDS can assist you in locating providers, scheduling appointments, and obtaining healthcare coverage.

Well Baby Check (6 weeks- 36 months) Physical Exam (3 yrs.-5yrs.)

Documentation of a complete well baby check/physical exam should be received by STEPS Head Start before a child starts the program but no later than 30 days after starting. Well baby checks are completed at 1,2,4,6,9,12,15,18,24,30 & 36 months. Physical Exams done up to one year prior to starting the program are acceptable, but the child must have another exam one year after that one.



- Completed with all age appropriate components of an EPSDT well-child exam, including:
 - General Well Baby Check/Physical Exam
 - Blood Pressure
 - Height and Weight
 - Hearing and Vision Screens
 - TB Test Assessment
 - Hematocrit or Hemoglobin (at or after 12 months of age)
 - Blood Lead (at or after 24 months of age)
- All referrals from this exam must be completed. Follow up appointments may occur after the child starts the program.

Dental Screening (6 weeks-11 months)

- Your child's teacher will complete a dental screening.



Dental Exam (12 months-5 yrs.)

- Exams up to 6 months prior to starting the program are acceptable but a 6-month check-up will be needed when due.
- For a child who has not already had a dental exam, s/he must have an appointment scheduled with a dentist before starting the program **and** complete the exam no later than 90 days after starting the program.
- Under most circumstances, all recommended treatment must be completed during the school year. If a child has an extensive treatment plan, some appointments may need to be scheduled during the summer.

Immunizations

- Must have at least one of each required immunization before the child starts the program.
- All additional immunizations must be received by the time your child has been in the program for 4 months or a signed statement from your physician stating immunizations are in progress. Otherwise, your child must be excluded until they are received.
- Must maintain up-to-date immunization status during the program year or your child may be excluded from participating in program activities.
- Child pediatrician, family physician or local Health Department can assist in determining your child's immunization status.

