



STEPS Head Start

Moving Lives Forward

November 2024 Menu

Head Start (Ages 3-5 years old)

Appomattox, Buckingham, and Nottoway

Monday – 28	Tuesday – 29	Wednesday – 30	Thursday – 31	Friday - 1
4oz Grape Juice, ¼ cup Animal crackers	2 Cheese Cubes, 5 Ritz Crackers, 4oz water	¼ cup graham crackers, ½ Cup applesauce, 4oz water	½ cup Tropical Fruit, ¼ cup Goldfish, 4 oz. water	½ cup Mandarin oranges, 5 wheat thins, 4 oz. water
Monday – 4	Tuesday – 5	Wednesday – 6	Thursday – 7	Friday – 8
No School Nottoway 5 Ritz Crackers, 2 cheese cubes, 4 oz. water	½ Day Buckingham No School Nottoway ¼ cup animal crackers, 4 oz. apple Juice	¼ cup Cheez-Its, ½ cup mandarin oranges, 4 oz. water	4 club crackers, ½ cup tropical fruit, 4 oz. water	2 cheese cubes, 5 wheat thins 4 oz. water
Monday - 11	Tuesday – 12	Wednesday – 13	Thursday – 14	Friday – 15
No School Appomattox ¼ cup pretzels, ½ cup applesauce, 4 oz. water	½ Cup pears, ¼ Cup Goldfish crackers, 4 oz. water	½ cup peaches, ¼ cup graham crackers, 4 oz. water	¼ cup animal crackers, 4 oz. grape Juice	½ string cheese, 5 Ritz crackers 4 oz. water
Monday – 18	Tuesday – 19	Wednesday – 20	Thursday – 21	Friday – 22
½ cup peaches, ¼ cup Goldfish, 4 oz. water	½ string cheese, 5 Ritz Crackers, 4 oz. water	½ cup mandarin oranges, ¼ cup Cheez-Its, 4 oz. water	¼ cup graham crackers, 4 oz. apple juice	¼ cup pretzels, 4 oz. grape juice
Monday – 25	Tuesday – 26	Wednesday – 27	Thursday – 28	Friday - 29
No School Nottoway ½ cup mandarin oranges, 5 wheat thins, 4 oz. water	No School Nottoway ¼ cup graham crackers, 4 oz. apple juice	<p><i>Happy Fall Break!</i></p> 		

Menus are subject to change without notice. The milk served is unflavored 1% milk. Bread, tortillas, waffle, French toast sticks, cereal, some crackers, and rolls are whole grain rich. Appropriate substitutions will be made for children with documented allergies. This institution is an equal opportunity provider that participates in the USDA Child Adult Care Food Program.