



STEPS Head Start
Moving Lives Forward

Head Start Health Requirements

The following health requirements must be met to provide a safe and healthy environment for all children, staff, and volunteers in our program. Keep your Site Administrator/ Family Development Specialist (FDS) informed of healthcare providers & appointment dates. Your Site Administrator/FDS can assist you in locating providers, scheduling appointments, and obtaining healthcare coverage.

Well Baby Check (6 weeks- 23 months) Physical Exam (2 yrs.-5yrs.)

Documentation of a complete well baby check/physical exam should be received by STEPS Head Start before a child starts the program but no later than 30 days after starting. Exams done up to one year prior to starting the program are acceptable, but the child must have another exam one year after that one.



- Completed with all age appropriate components of an EPSDT well-child exam, including:
 - General Well Baby Check/Physical Exam
 - Blood Pressure
 - Height and Weight
 - Hearing and Vision Screens
 - TB Test Assessment
 - Hematocrit or Hemoglobin (at or after 12 months of age)
 - Blood Lead (at or after 24 months of age)
- All referrals from this exam must be completed. Follow up appointments may occur after the child starts the program.

Dental Screening (6 weeks-11 months)

- Your child's teacher will complete a dental screening.



Dental Exam (12 months-5 yrs.)

- Exams up to 6 months prior to starting the program are acceptable but a 6-month check-up will be needed when due.
- For a child who has not already had a dental exam, s/he must have an appointment scheduled with a dentist before starting the program **and** complete the exam no later than 90 days after starting the program.
- Under most circumstances, all recommended treatment must be completed during the school year. If a child has an extensive treatment plan, some appointments may need to be scheduled during the summer.

Immunizations

- Must have at least one of each required immunization before the child starts the program.
- All additional immunizations must be received by the time your child has been in the program for 4 months or a signed statement from your physician stating immunizations are in progress. Otherwise, your child must be excluded until they are received.
- Must maintain up-to-date immunization status during the program year or your child may be excluded from participating in program activities.
- Child pediatrician, family physician or local Health Department can assist in determining your child's immunization status.

